

JUNE 2021

FAMILY VIOLENCE LEGAL SERVICE

ABORIGINAL CORPORATION (SA)

NEWSLETTER



Port Augusta S2S

Port Augusta 10 Years of Sista 2 Sista Celebration!!

This year the Port Augusta Yacht Club hosted the 10 years of Sista 2 Sista Celebration!!

We had over 60 attendees who helped us to celebrate, and enjoy sharing, yarning and learning about women's issues and rights.

We would like to Thank all the attendees and organisations that helped us support women in Port Augusta.

A HUGE THANK YOU TO... KWY, UCSA & Ab Health for your attendance, along with Maisie Winton Elder from the community who shared her story.



Ceduna S2S

Sister 2 Sister Day is to enable women to come to terms with the real-life issues affecting Aboriginal women within the community, what service providers are available to help close the gap on issues such as Domestic Violence, Health, Mental, Social, Welfare & Financial issues surrounding Aboriginal women. The event in Ceduna this year was extremely well received and everyone attending learned a great deal, had fun and looked fabulous. All the people attending got the opportunity to Network with each other. They were able to relate to other Aboriginal women in the group and share their life experiences and help each other. Everyone enjoyed celebrating 10 years of Sista 2 Sista!!



WE TALKED ABOUT...

- Talks on Domestic Violence
- Talks about Health Issues provided by:
 - Foot & Body Massages
 - Hair care
- Creations of Homemade Pampering products
- Mental Health and Healing activities

PEOPLE GAINED KNOWLEDGE ABOUT...

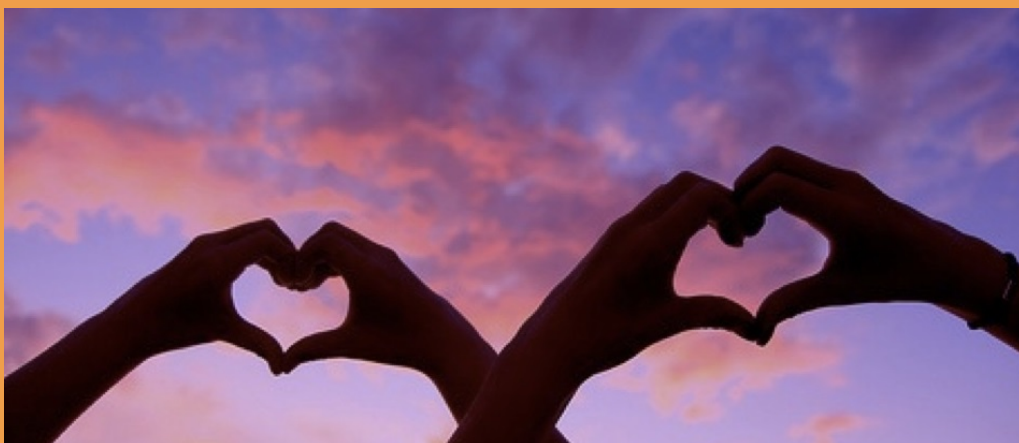
- Domestic Violence issues
- How to deal with Health Issues more efficiently
- Adult Health Checks for Diabetes
- A better understanding of how Network support for each other
- A complete make over of massages and feelings of relaxation
- What services to access in the community
- Richer information on Women's Issues
- How to better improve their Financial Issues



Healthy Relationships PL

Since the start of the year, in partnership with Yarredi Services, FVLSAC has delivered multiple sessions of the Healthy Relationships program to local Port Lincoln schools.

Approximately 100 students have attended to learn about positive relationships, identifying unhealthy relationships and where to go for support. Students also learnt about the law, how it applies to them and how to be safe online.



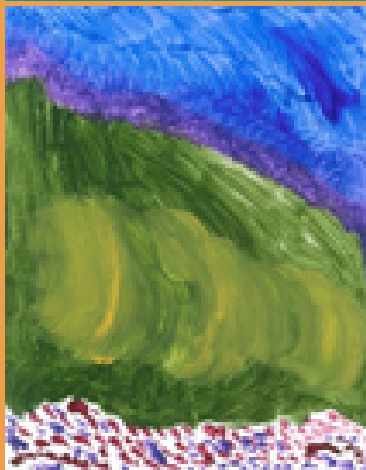
Love colours Ceduna

Love Colours was held in Ceduna in March.

The day went very well with 10 ladies in attendance ranging from 17yrs to 60+yrs old.

All in attendance were very relaxed and interacted with one another and with Britt while sharing their stories throughout the day about their own journeys around love and safety in relationships.

While participating in the discussions the Ladies were painting their feelings on canvas and produced some amazing artwork.



Love Colours - Whyalla

“Love Colours” Program Delivery to Re-Introduce Family Violence Legal Service to Community, to educate and build trust.

After resuming our presence in Whyalla following COVID lock down period, we decided to reintroduce ourselves to the community, to other service providers and to create a level of comfort with the possible client or participants of our service. “Love Colours” is a two-part workshop series about love and safety in relationships. Incorporating elements of healthy relationships education, family violence awareness raising and safety planning, “Love Colours” aims to engage participants in thoughtful discussion about the positive and destructive elements of relationships. This is achieved by linking emotions and information to five colours stations, red, yellow, green, blue and purple. The participants create paintings that describe or convey how they feel or their experiences in love and relationships. At the end of the program, participant share the story behind their paintings, and then a silent anonymous vote is taken and the selected painting is made into a T Shirt.

Art features as the activity that complements discussion, this creates a space of comfort, relaxation and facilitates a flow of ideas and education.

In a practical context, when we present “Love Colours”, we focus on explaining things simply; saying the same thing several different ways. We listen to the conversation and make adjustments in delivery based on the knowledge and complexity of the group.

The first goal is to educate the group about healthy relationships and introduce a number of legal concepts in a simple way through passive education.

The second goal is to empower participants to share, learn and grow. Participants help each other and often form yarning circles or support groups supported by our community partners on the day, they also will make appointments to see our solicitors or our Community Support Worker.

The delivery of “Love Colours” was extremely successful with regard to both of our primary goals. 40 people attended on the day, 30 participants/clients and 10 service providers from mental health services, aboriginal health services, Gabmididi Manoo (children’s centre) and local community agencies.

The feedback from the event was outstanding. Quotes like “The presentation was very informative & delivered well, I enjoyed the way that people shared the experience together”, another participant said “it is amazing and can’t think what would make it better. ”We received 21 Feedback evaluation forms, with 100% positive responses.

In this particular delivery, many of the participants had been the victims of violence or had witnessed family violence. Kelly Wallace who’s painting and story were selected by the group to be made into a T Shirt witnessed her mother as the victim and talked poignantly about the affects it has had long term on her life.





Family Violence Legal Service Aboriginal Corporation (SA)

Family Violence Legal Service Aboriginal Corporation (SA) - (FVLSAC) is an Aboriginal community controlled organisation established in 2011 to provide free assistance to victims/survivors of family violence and/or sexual assault in the State of South Australia.

We have offices located in Port Lincoln, Port Augusta, Ceduna and Whyalla and provide services in the Spencer Gulf as well as West Coast Regions and surrounding communities.

FVLSAC provides face to face and/or telephone legal advice. We also provide client support services and community legal education.



Port Lincoln | Port Augusta | Ceduna | Whyalla



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Family Violence Legal Service Aboriginal Corporation



www.fvlsac.org.au